



Online M.E. Centre

## Contact us

UK head office  
Action for M.E.  
PO Box 2778  
Bristol BS1 9DJ  
Tel: 0845 123 2380 (lo-call) or 0117 927 9551  
Fax: 0117 927 9552

Opening hours 9am - 5pm Monday - Friday (closed Bank Holidays)

[Email the office](#)

### Helplines

[Telephone Support](#)

Tel: 0845 123 2314

[Email](#)

[Welfare Rights](#) (members only)

Tel: 0845 122 8648

### Press office

Tel: 0117 930 1324

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## Departments

Fundraising	Tel: 0117 930 7293	<a href="#">Email</a>
General enquiries	Tel: 0117 930 7286	<a href="#">Email</a>
<i>InterAction</i>	Tel: 0117 930 1324	<a href="#">Email</a>
Membership	Tel: 0117 930 7286	<a href="#">Email</a>
Policy	Tel: 0117 930 1325	<a href="#">Email</a>
Press	Tel: 0117 930 1324	<a href="#">Email</a>
Scotland	Tel: 0141 353 9545	<a href="#">Email</a>
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