



Take M.E. seriously

A manifesto on M.E.

Over 30 years ago, patient organisations and charities called for adequate investment into research of post-viral conditions such as Myalgic Encephalomyelitis (M.E.). It has not been forthcoming and new post-viral diseases such as Long Covid are widespread.

We now find ourselves in a place where millions of people worldwide, and in your constituency, are living in needless misery and the long-term health and economic costs are being laid bare.

You can help by meeting with us and pressing Government for immediate provisions to better understand, treat and potentially cure diseases such as M.E. The ultimate aim is for us to live in a world without the devastation of post-viral diseases such as M.E.

Our 3 key calls:

- 1 Full Implementation of the Government's Delivery Plan:** In May 2022, the then-Health Secretary announced that the Government would release a delivery plan for ME/CFS. We are calling for its immediate release and for its recommendations to be enacted in full.
- 2 Appropriate and consistent coding by GPs:** There must be consistent and accurate coding of M.E. patients upon diagnosis by their GP as presently, GPs use a multitude of different 'codes' to identify M.E. patients resulting in skewed and inaccurate data collection. We estimate that there are 1.3million people in the UK with M.E. or M.E. like symptoms following Covid-19 infection. The previous NHS figure of 250,000 people with M.E. was an estimate.
- 3 Properly funded research:** Funding must be proportionate to the prevalence of post-viral diseases. We must leverage the UK's leading life sciences sector to support the prevention and treatment of M.E

"I have been disabled by M.E. for many years with very patchy or no support, depending on where I was living. We urgently need better care and properly planned services from the Department for Health and Social Care to improve the quality of the lives of people with M.E."

Liz, living with M.E. since December 1986



Please email actionforme@connectpa.co.uk to arrange a meeting and learn how you can help to create a future without M.E. for your constituents

