

If you are a UK tax payer every £1 you give will be worth at least 25 pence more to the charity if you Gift Aid it. To do so please confirm: *giftaid it*

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference. Please notify the charity if you: want to cancel this declaration/change your name or home address/no longer pay sufficient tax on your income and/or capital gains. Thank you very much for your support.

Full name	Full address	Postcode	Gift Aid it?	Permission to contact	£

Total raised

For office use only

*You need to have paid UK tax this year at least equal to the amount we claim

Fundraiser's details

My title First name Surname

Address

Postcode

Tel Email

Signed (By parent or guardian if under 18) Date of birth (if under 18)

We would like to keep in touch. Tick here if you don't want us to

After the event sponsorship forms and cheques should be returned to:
 FREEPOST RTJR-TJLZ-CHLT, Action for M.E., 42 Temple Street, Keynsham BS31 1EH.
 All cheques should be made payable to 'Action for M.E.' You can also pay by card on
 0117 937 6626 but we will still need your forms to claim Gift Aid.

Download more forms at www.actionforme.org.uk or call 0117 937 6626

