Name of staff member

Name of school

School address

Date

Dear

Did you know that the chronic, neurological illness Myalgic Encephalomyelitis (M.E., sometimes diagnosed as chronic fatigue syndrome, or M.E./CFS) is the the main cause of long-term school absence. ?

You can personalise the letter by sharing you or your family’s experience of M.E. here. We recommend keeping it to one or two paragraphs, as experience tells us that letters kept to one page are most effective.

If you or your staff need information or advice to support children with M.E., the UK charity Action for M.E. can help. Please can I recommend that you:

* visit www.actionforme.org.uk/employers-and-teachers to find out more about the impact of condition
* contact Action for M.E.’s Children’s Services Team on questions@actionforme.org.uk or 0117 927 9551.

I have been inspired to contact you by Action for M.E.’s 2017 M.E. AwarenessWeek campaign, #MEmatters. Many families with M.E. struggle to access the appropriate care for their child, often sadly compounded by misunderstanding from the professionals supporting them.

Please would you commit to improving the lives of young people with M.E. by agreeing to learn more about M.E. and its impact?

Yours sincerely

Your name

Your address

Your email address if you have one