

**UK CFS/ME Research Collaborative Conference**  
**CMRC five years on – Time to transform CFS/ME Research**  
**WEDNESDAY 19 SEPTEMBER 2018**

09:00	Registration and refreshments	
09:30	Welcome	Prof Stephen Holgate, CMRC Chair; University of Southampton
<b>Plenary session: Widening education, research ambitions and stakeholders</b>		
09:40	The views of a Doctor with ME on educating Doctors and medical students about ME	Dr Nina Muirhead, Buckinghamshire Healthcare NHS Trust
10:00	Identification of post-exertional dysregulated circulating microRNAs in ME/CFS pathogenesis.	Prof Alain Moreau, University of Montreal, Canada
10:45	European collaboration in ME/CFS: The EUROMENE network	Dr Eliana Lacerda, London School of Hygiene & Tropical Medicine; CureME
11:15	<b>Break &amp; Poster Viewing</b>	
12:00	What will it take for the pharmaceutical industry to engage in CFS/ME drug discovery?	Dr Mark Jones, UCB Pharma
12:30	The economic impact of CFS/ME	Dr Rachel Hunter University College London
13:00	<b>Lunch &amp; Poster Viewing</b>	
<b>Plenary session: Expanding the stakeholders in CFS/ME research</b>		
14:30	CFS/ME, IBS and Fibromyalgia: Chance association or common pathway?	Miss Rachel French, County Durham & Darlington NHS Foundation Trust
15:00	Twins and the study of chronic pain genetics	Prof Frances Williams, Kings College London
15:30	The UK ME/CFS Biobank: Accelerating global research in ME/CFS	Dr Luis Nacul, London School of Hygiene & Tropical Medicine; CureME
16:00	Oral Abstract Presentation: Investigating the possibility of a role of mtDNA variation in ME/CFS	Jo Elson Newcastle University
16:15	Oral Abstract Presentation: Alterations of cellular metabolism observed in muscle cells, indicating possible factors present in plasma of patients with ME/CFS capable of modifying cell function	Tiffany Lodge University of Oxford
16:30	Effects of whole-body cryotherapy among CFS patients – preliminary results	Pawel Zalewski Nicolaus Copernicus University, Poland
16:45	<b>Break &amp; Poster Viewing</b>	
17:15	MRC-funded update: Imaging exercise-induced Post-Exertional Malaise in ME/CFS	Dr Neil Harrison, University of Sussex
17:45	Panel Q&A	
18:15	Drinks reception	
19:30	<b>Dinner</b>	

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**THURSDAY 20 SEPTEMBER 2018**

**Plenary session: Expanding the stakeholders in CFS/ME research**

08:30	Registration (for those attending day two only)	
09:00	Welcome	Prof Chris Ponting, CMRC Deputy Chair; University of Edinburgh
09:10	<b>Anne Faulkner Memorial Lecture</b> Big health data and open science: a powerful combination to generate new understanding of disease	Prof Cathie Sudlow, Chief Scientist, UK Biobank, University of Edinburgh
09:55	Differential microRNA profiles in PBMCs and plasma EVs of severely affected ME/CFS patients	Dr Elisa Oltra, Universidad Católica de Valencia
10:25	MRC Funded Update: Persistent fatigue induced by interferon-alpha: a novel, inflammation-based, proxy model of Chronic Fatigue Syndrome	Prof Carmine Pariante, Kings College London

10:55

**Break & Poster Viewing**

**Plenary session: Inflammatory pathways in CFS/ME and beyond**

11:30	<b>Workshop 1</b> Activity as treatment – myths and methods	Dr Sue Pemberton, Yorkshire Fatigue Clinic
	<b>Workshop 2:</b> Biomedical research priorities	Prof Chris Ponting, University of Edinburgh
	<b>Workshop 3</b> Nutrition and CFS/ME – The search and research for evidence	Sue Luscombe , Hampden Health Limited Dr Michelle Dobrota-Gibbs, Freelance dietician and nutritionist

13:00

**Lunch**

14:15	Working together versus the pain, isolation and fatigue of arthritis	Stephen Simpson Arthritis Research UK
14:45	Cellular immune function in ME/CFS	Jackie Cliff, London School of Hygiene & Tropical Medicine
15:15	Is inflammation the link between the body and the brain?	Prof Carmine Pariante, Kings College London
15:45	Cellular bioenergetics in ME/CFS	Cara Tomas, Newcastle University
16:15	Conference reflections	Prof Chris Ponting, CMRC Deputy Chair; University of Edinburgh

16:30

**Conference closes**