

## How to Knit a Scarf

Why not knit yourself a beautiful cosy scarf to keep you warm this Autumn. It doesn't matter if you've never knitted before – here's how to get started.

### Step 1.

You need to buy some knitting needles and choose your wool. I use 4.5mm needles and double knitting wool – check that the wool says double knitting on the label. You may need approx. 5 or 6 50g balls of wool to make your scarf. You can choose any colour wool, even a multicolour wool. Have fun choosing!



N.B. If you choose to use chunky wool instead and to knit with thicker needles, your scarf will be finished more quickly. Just remember that if you use very chunky wool, you might not need as many stitches to make the scarf wide enough. You also won't need as many balls of wool. However bear in mind that really wide needles can be trickier to handle!

### Step 2.

Cast on 40 stitches. Don't panic if you're not sure how to do this. Here is a link to a youtube video which will show you how: <https://www.youtube.com/watch?v=sDc-ZaWQ6-I>

### Step 3.

Now to knit your first row. Here is a link to another youtube video which will teach you how to knit your first stitch: <https://www.youtube.com/watch?v=lsrAA4djRIA>

You need to repeat this until you have knitted all the way along your row (each of your 40 stitches – so that all of your stitches have been transferred to your other needle).

### Step 4.

The stitch that you learnt is the basic knit stitch (otherwise known as garter stitch). Once you have finished your row, you simply need to swap over your knitting needles so that the stitches you are knitting are on the needle in your left hand and then repeat step 3 and knit all the way along the row again and again, until your scarf is the length that you want it.

Step 5.

Once your scarf is as long as you want it to be, you need to learn how to cast off. Here is another youtube video to show you how to finish off your knitting:

<https://www.youtube.com/watch?v=tANQ3xiW3vg>

Basically you need to knit 2 stitches and then gently lift your first stitch over your second stitch and off your needle. Watch the video first if you're not sure as it should make it a lot clearer. When you only have 1 stitch left on your needle, you will need to take your wool through the stitch and pull it tight to tie a knot.

Extra Info:

Just in case you have a bit of a knitting catastrophe and one of your stitches falls off your needle (a dropped stitch) – here is a video to show you how to rescue it:

<https://www.youtube.com/watch?v=eliQ0MXID0M>