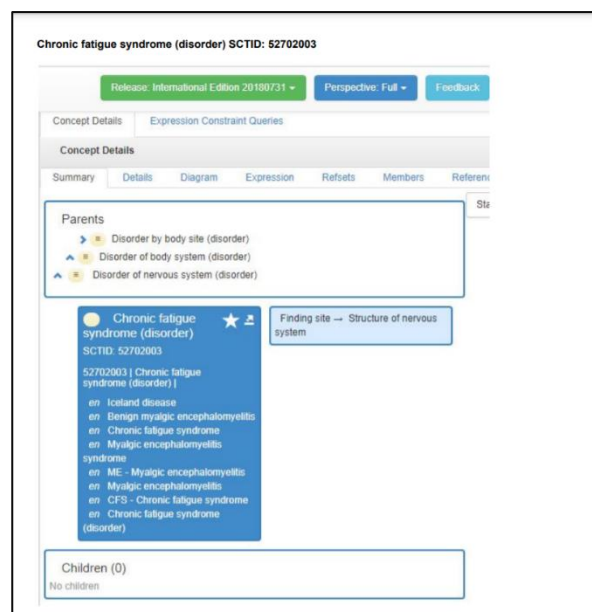


Why I'm eligible for a free flu vaccine

In England, Wales and Northern Ireland, people with **neurological conditions** are eligible for free flu vaccinations.

Myalgic Encephalomyelitis (M.E.), sometimes diagnosed as chronic fatigue syndrome (CFS, or M.E./CFS) has been listed as a "Disorder of nervous system," **ie. neurological condition**, by SNOMED CT since 2018 (see the screenshot on the right).

M.E. is cited as an example of an "intermittent and unpredictable" long-term **neurological condition** by NHS England here: <https://www.england.nhs.uk/ourwork/clinical-policy/ltc/our-work-on-long-term-conditions/neurological/>



"There are over 600 types of neurological conditions, which are broadly categorised into:

- *Sudden onset conditions (e.g. acquired brain injury or spinal cord injury)*
- *Intermittent and unpredictable conditions (e.g. epilepsy, ME, certain types of headache, or the early stages of multiple sclerosis)*
- *Progressive conditions (e.g. motor neurone disease, Parkinson's disease, or later stages of multiple sclerosis)*
- *Stable neurological conditions (e.g. post-polio syndrome, or cerebral palsy in adults)."*

M.E. is listed as a **neurological condition** by the World Health Organisation in the 2019 edition of ICD-10. <https://icd.who.int/browse10/2019/en#/G93.3>

More about M.E. for health professionals

For more on diagnosis, aetiology, prevalence, referrals and managing symptoms, visit www.actionforme.org.uk/medical

For a free, CPD-accredited online learning module on M.E., visit www.studyprn.com/p/chronic-fatigue-syndrome

For information, support and advocacy services, please signpost your patients to **Action for M.E.**

Tel: 0117 927 9551

Email: questions@actionforme.org.uk

www.actionforme.org.uk/info-and-support

