

Please help stop M.E. stealing lives



Support our work by ordering awareness raising materials, fundraising tools and Action for M.E. merchandise

Raise awareness

Raise funds

Help us change lives.



Fund and awareness raising

Below are tools and publications you can use to help raise the funds needed to continue our vital work, and raise awareness of M.E.

Please enter quantities and return by post to

Action for M.E. 42 Temple Street, Keynsham BS31 1EH
or email fundraising@actionforme.org.uk

Item	Suggested donation	How many would you like?
Fundraising pack	Free to fundraisers	
Offline sponsorship forms	Free to fundraisers (PDF also available by email)	
Cardboard home collection box	Free to fundraisers	
A4 'Don't ignore M.E.' poster	Free to fundraisers	
Trifold 'Don't ignore M.E.' leaflets (pack of 10)	Free to fundraisers	
Action for M.E. logo balloons (pack of 10)	Free to fundraisers	
Printer cartridge recycling freepost envelopes	Free to fundraisers	
Action for M.E. logo stickers (pack of 10)	Free to fundraisers	
Action for M.E. wristbands	Suggested donation £1 each*	
Action for M.E. car stickers	Suggested donation £1 each*	
Action for M.E. logo pin badge	Suggested donation £2 each*	
Action for M.E. logo keyring	Suggested donation £2.50 each*	

*available sale or return to fundraisers

Please send requested items to

Name

Address

Postcode

I would like to include a donation of £

I have enclosed a cheque or CAF voucher I will pay by card

Card number

Expiry date Valid from date Security code

Name on card (PLEASE PRINT)

Gift aid

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If you are a UK taxpayer*, every £1 you give will be worth 25 pence more to us, at no extra cost to you, if you Gift Aid it.

Tick here if you would like Action for M.E. to treat this and all gifts of money made in the last four years, and any future gifts, as Gift Aid donations.*

*I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

Please notify the charity if you: want to cancel this declaration / change your name or home address / no longer pay sufficient tax on your income and/or capital gains

Date protection statement

The information you provide will be held securely in accordance with the Data Protection Act 1998 and will be used by Action for M.E. to supply the services which you have requested.

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